



St. Mary's Gymnastics Academy



USAG Competitive Levels 1-10 and Xcel Teams

Team Gymnastics

The USAG Competitive program may be comprised of Levels 1-5 Compulsory teams, Optionals (Levels 6-10), and Xcel: Silver-Diamond. The Competitive program is a year-round commitment with fees based on a monthly tuition.



Parent Handbook

The parent handbook provides details of operations, parent and athlete expectations, and program structure.



Team Placement

Tryouts are held each year in the Spring for ages 5 and up and all interested athletes must complete a tryout in order to be placed on a team appropriate to the skill level. Once selected, registration will be required and a start date will be determined.



Team Coaches

Team coaches are USAG certified and complete continual safety and content specific training. Coaches are assigned to each level depending on total team size. The coaching team is lead by Head Coach, Diane Picolo.



Team Boosters

The Team Booster Club is a non-profit, parent volunteer supported organization for the competitive program. Parents are encouraged to participate in fundraisers, attend meetings, and serve in other related activities to support the athletes and coaches.

Operations

Team Tuition Rates

Tuition is invoiced and paid monthly based on the team level placement. Current rates are available in the parent handbook.

AutoPay Billing Form

You can request to automatically withdraw installment billing payments from your debit/credit card.

Team Practice Schedule

Practices are based on level progression. Beginning levels will practice 2-3 times a week and Optionals will practice 5 days a week.

Meet Schedule & Results

The meet schedule is determined each Fall and posted at the Gymnastics Academy and included in the Parent Handbook. Meets will generally be held November - May with various locations in the tri-state area.

Stay Connected

Text alert messages are available for real-time alerts during emergencies or meet day concerns. Register here...



Contact Us



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