

**CPCS School Age Care Snack Menu 2024-25**

*Menu subject to change*

		<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Aug 12-16	<b>A.M.</b>			Whole Grain Cereal  <i>1% Milk</i>	Plain Yogurt w/ Berries  <i>100% Juice</i>	Whole Grain Cereal  <i>1% Milk</i>
	<b>P.M.</b>			Chips and salsa  <i>100% Juice</i>	Whole Wheat Ritz Crackers & Cheese Cubes <i>1% Milk</i>	Tortilla w/ meat and cheese  <i>100% Juice</i>
Aug 19-23	<b>A.M.</b>	Fresh Fruit  <i>100% Juice</i>	Whole Wheat Pancakes Or Waffles w/ low sugar syrup  <i>1% Milk</i>	Cheese its  <i>100% Juice</i>	Whole Grain Cereal  <i>1% Milk</i>	Graham Crackers  <i>100% Juice</i>
	<b>P.M.</b>	Whole Wheat Goldfish  <i>1% Milk</i>	Plain Yougurt w/ Berries  <i>100% Juice</i>	Whole Grain Wheat Thins  <i>1% Milk</i>	Saltine crackers w/ hummus  <i>100% Juice</i>	Whole Wheat bread Banana w/ honey  <i>1% Milk</i>
Aug 26-30	<b>A.M.</b>	Fresh Fruit  <i>1% Milk</i>	Whole Wheat English Muffins w/ Jelly  <i>100% Juice</i>	Original Cheerios  <i>1% Milk</i>	Whole Wheat Crackers W/ hummus  <i>100% Juice</i>	Whole Grain Cereal  <i>1% Milk</i>
	<b>P.M.</b>	Whole Wheat Goldfish  <i>100% Juice</i>	Pretzels and cheese cubes <i>1% Milk</i>	Whole Wheat Ritz Crackers & Cheese Cubes <i>100% Juice</i>	Cheese its  <i>1% Milk</i>	Plain Yogurt w/ Berries  <i>100% Juice</i>
Sep 2-6	<b>A.M.</b>	<b>School Closed</b>  <b>Labor Day</b>	Whole Grain Cereal  <i>1% Milk</i>	Plain Yogurt w/ Granola  <i>100% Juice</i>	Whole Wheat Pancakes Or Waffles w/ low sugar syrup  <i>1% Milk</i>	Apple Sauce  <i>100% Juice</i>
	<b>P.M.</b>		Whole Wheat crackers w/ hummus  <i>100% Juice</i>	Whole Wheat bread Banana w/ honey  <i>1% Milk</i>	Pretzels and cheese cubes  <i>100% Juice</i>	Whole Wheat Goldfish  <i>1% Milk</i>
Sep 9-13	<b>A.M.</b>	Whole Wheat Cheerios  <i>1% Milk</i>	Whole Wheat English Muffins w/ Jelly  <i>100% Juice</i>	Apple Sauce  <i>1% Milk</i>	Whole Wheat Ritz Crackers & Cheese  <i>100% Juice</i>	Whole Grain Cereal  <i>1% Milk</i>
	<b>P.M.</b>	Fresh Fruit	Pretzels and cheese cubes	Whole Wheat bread Banana w/ honey	Graham Crackers	Tortilla w/ meat and cheese

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
	100% Juice	1% Milk	100% Juice	1% Milk	100% Juice

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Sep 16-20	A.M.	Fresh Fruit <i>100% Juice</i>	Whole Wheat Ritz Crackers & Cheese <i>1% Milk</i>	Plain Yogurt w/ Granola <i>100% Juice</i>	Whole Grain Cereal <i>1% Milk</i>	<b>School Closed</b>
	P.M.	Whole Wheat bread Banana w/ honey <i>1% Milk</i>	Cheese its <i>100% Juice</i>	Whole Wheat crackers w/ hummus <i>1% Milk</i>	Pretzels and cheese cubes <i>100% Juice</i>	
Sep 23-27	A.M.	Whole Wheat English Muffins w/ Jelly <i>1% Milk</i>	Plain Yogurt w/ Berries <i>100% Juice</i>	Whole Wheat Pancakes Or Waffles w/ low sugar syrup <i>1% Milk</i>	Apple sauce <i>100% Juice</i>	Whole Wheat Ritz Crackers & Cheese <i>1% Milk</i>
	P.M.	Fresh Fruit <i>100% Juice</i>	Whole Wheat crackers W/ hummus <i>1% Milk</i>	Chips and salsa <i>100% Juice</i>	Whole Grain Cereal <i>1% Milk</i>	Tortilla w/ meat and cheese <i>100% Juice</i>
Sep 30 - Oct 4	A.M.	Fresh Fruit <i>100% Juice</i>	Whole Wheat Crackers W/ hummus <i>1% Milk</i>	Plain Yogurt w/ Granola <i>100% Juice</i>	Whole Grain Cereal <i>1% Milk</i>	Whole Wheat Ritz Crackers & Cheese <i>100% Juice</i>
	P.M.	Whole Wheat bread Banana w/ honey <i>1% Milk</i>	Cheese its <i>100% Juice</i>	Whole Grain Wheat Thins <i>1% Milk</i>	Pretzels and cheese cubes <i>100% Juice</i>	Apple Sauce <i>1% Milk</i>
Oct 7-11	A.M.	<b>FALL BREAK</b>	<b>FALL BREAK</b>	<b>FALL BREAK</b>	<b>FALL BREAK</b>	<b>FALL BREAK</b>
	P.M.					
Oct 14-18	A.M.	<b>Closed</b>	Plain Yogurt w/ Honey and Berries <i>1% Milk</i>	Whole Wheat English Muffins w/ Jelly <i>100% Juice</i>	Whole Wheat Cereal <i>1% Milk</i>	Whole Wheat Pancakes Or Waffles w/ low sugar syrup <i>100% Juice</i>
	P.M.		Wheat Thins <i>100% Juice</i>	Pretzels and cheese cubes <i>1% Milk</i>	Tortilla w/ meat and cheese <i>100% Juice</i>	Chips and salsa <i>1% Milk</i>

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Oct 21-25	<b>A.M.</b>	Fresh Fruit  <i>1% Milk</i>	Whole Wheat Pancakes Or Waffles w/ low sugar syrup  <i>100% Juice</i>	Graham Crackers  <i>1% Milk</i>	Plain Yogurt w/ Honey and Whole Wheat Granola <i>100% Juice</i>	Whole Wheat Cereal  <i>1% Milk</i>
	<b>P.M.</b>	Whole Wheat bread Banana w/ honey  <i>100% Juice</i>	Cheese its  <i>1% Milk</i>	Whole Wheat Ritz Crackers & Cheese Cube  <i>100% Juice</i>	Chips and salsa  <i>1% Milk</i>	Pretzels w/ Hummus  <i>100% Juice</i>
Oct 28 - Nov 1	<b>A.M.</b>	Whole Wheat Pancakes Or Waffles w/ low sugar syrup  <i>100% Juice</i>	Whole wheat mini bagel w/ cream cheese  <i>1% Milk</i>	Apples w/ sunflower butter  <i>100% Juice</i>	Whole Wheat Cereal  <i>1% Milk</i>	Plain Yogurt w/ Honey and Whole Wheat Granola <i>100% Juice</i>
	<b>P.M.</b>	Fresh Fruit  <i>1% Milk</i>	Tortilla w/ meat and cheese  <i>100% Juice</i>	Wheat thins w/ cheese cubes  <i>1% Milk</i>	Veggies W/ hummus  <i>100% Juice</i>	Chips and salsa  <i>1% Milk</i>
Nov 4-8	<b>A.M.</b>	Whole wheat cereal  <i>1% Milk</i>	<b>Election Day Closed OSC</b>	Whole Wheat Pancakes Or Waffles w/ low sugar syrup  <i>1% Milk</i>	Plain Yogurt w/ Honey and Berries  <i>100% Juice</i>	Graham Crackers  <i>1% Milk</i>
	<b>P.M.</b>	Whole Wheat bread Banana w/ honey  <i>100% Juice</i>		Pretzels and cheese cubes  <i>100% Juice</i>	Wheat Thins  <i>1% Milk</i>	Tortilla w/ meat and cheese  <i>100% Juice</i>
Nov 11-15	<b>A.M.</b>	<b>Veterans Day Closed</b>	Apples w/ sunflower butter  <i>1% Milk</i>	Plain Yogurt w/ Honey and Whole Wheat Granola <i>100% Juice</i>	Whole Wheat English Muffins w/ Jelly  <i>1% Milk</i>	Whole Wheat Cereal  <i>100% Juice</i>
	<b>P.M.</b>		Wheat thins w/ cheese cubes  <i>100% Juice</i>	Chips and salsa  <i>1% Milk</i>	Veggies W/ hummus  <i>100% Juice</i>	Cheese its  <i>1% Milk</i>
Nov 18-22	<b>A.M.</b>	Whole wheat mini bagel w/ cream cheese  <i>1% Milk</i>	Fresh Fruit  <i>100% Juice</i>	Whole Wheat Pancakes Or Waffles w/ low sugar syrup  <i>1% Milk</i>	Whole Wheat Ritz Crackers & Cheese  <i>100% Juice</i>	Plain Yogurt w/ Honey and Berries  <i>1% Milk</i>
	<b>P.M.</b>	Pretzels and cheese cubes  <i>100% Juice</i>	Whole Wheat bread Banana w/ honey  <i>1% Milk</i>	Tortilla w/ meat and cheese  <i>100% Juice</i>	Chips and salsa  <i>1% Milk</i>	Wheat Thins  <i>100% Juice</i>

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Nov 25-29	<b>A.M.</b>	Graham Crackers  <i>100% Juice</i>	Whole Wheat English Muffins w/ Jelly  <i>1% Milk</i>	<b>Closed OSC</b>	<b>Thanksgiving Break Closed</b>	<b>Thanksgiving Break Closed</b>
	<b>P.M.</b>	Whole Wheat Ritz Crackers & Cheese Cube  <i>1% Milk</i>	Chips and salsa  <i>100% Juice</i>			