		CPCS Scho	ol Age Care Snack _{Tuesday}	Menu 2024-25 Wednesday	Thursday	Menu subject to change Friday
	A.M.			Whole Grain Cereal	Plain Yogurt w/ Berries	Whole Grain Cereal
A 40 40				1% Milk	100% Juice	1% Milk
Aug 12-16	P.M.			Chips and salsa	Whole Wheat Ritz Crackers & Cheese Cubes	Tortilla w/ meat and cheese
		Fresh Fruit	Whole Wheat Pancakes	100% Juice Cheese its	1% Milk Whole Grain Cereal	100% Juice Graham Crackers
	A.M.	Flesii Fluit	Or Waffles w/ low sugar syrup	Cheese its	whole Grain Cereal	Granam Crackers
Aug 19-23		100% Juice	1% Milk	100% Juice	1% Milk	100% Juice
Aug 19-23		Whole Wheat Goldfish	Plain Yougurt w/ Berries	Whole Grain Wheat Thins	Saltine crackers	Whole Wheat bread
	Р.М.				w/ hummus	Banana w/ honey
		1% Milk	100% Juice	1% Milk	100% Juice	1% Milk
		Fresh Fruit	Whole Wheat English	Original Cheerios	Whole Wheat Crackers	Whole Grain Cereal
	A.M.		Muffins w/ Jelly		W/ hummus	
Aug 26-30		1% Milk	100% Juice	1% Milk	100% Juice	1% Milk
Aug 20 30		Whole Wheat Goldfish	Pretzels and	Whole Wheat Ritz	Cheese its	Plain Yogurt w/ Berries
	P.M.		cheese cubes	Crackers & Cheese Cubes		
		100% Juice	1% Milk	100% Juice	1% Milk	100% Juice
		School Closed	Whole Grain Cereal	Plain Yogurt w/	Whole Wheat Pancakes	Apple Sauce
	A.M.			Granola	Or Waffles w/ low sugar syrup	''
	A.W.	Labor Day				
Sep 2-6			1% Milk	100% Juice	1% Milk	100% Juice
•			Whole Wheat crackers w/	Whole Wheat bread Banana w/ honey	Pretzels and cheese cubes	Whole Wheat Goldfish
	P.M.		nummus	Danana w/ noney	Freizeis and cheese cubes	
			100% Juice	1% Milk	100% Juice	1% Milk
		Whole Wheat Cheerios	Whole Wheat English	Apple Sauce	Whole Wheat Ritz	Whole Grain Cereal
	A.M.		Muffins w/ Jelly		Crackers & Cheese	
Sep 9-13		1% Milk	100% Juice	1% Milk	100% Juice	1% Milk
Sep 9-13		Fresh Fruit	Pretzels and cheese	Whole Wheat bread	Graham Crackers	Tortilla w/ meat and
	P.M.		cubes	Banana w/ honey		cheese

Monday	Tuesday	Wednesday	Thursday	Friday
100% Juice	1% Milk	100% Juice	1% Milk	100% Juice

		Monday	Tuesday	Wednesday	Thursday	Friday
	A.M.	Fresh Fruit	Whole Wheat Ritz Crackers & Cheese	Plain Yogurt w/ Granola	Whole Grain Cereal	School Closed
Sep 16-20		100% Juice	1% Milk	100% Juice	1% Milk	
Sep 16-20	P.M.	Whole Wheat bread Banana w/ honey	Cheese its	Whole Wheat crackers w/ hummus	Pretzels and cheese cubes	
		1% Milk	100% Juice	1% Milk	100% Juice	
		Whole Wheat English	Plain Yogurt w/	Whole Wheat Pancakes	Apple sauce	Whole Wheat Ritz
	A.M.	Muffins w/ Jelly	Berries	Or Waffles w/ low sugar syrup		Crackers & Cheese
Sep 23-27		1% Milk	100% Juice	1% Milk	100% Juice	1% Milk
3ep 23-21	P.M.	Fresh Fruit	Whole Wheat crackers W/ hummus	Chips and salsa	Whole Grain Cereal	Tortilla w/ meat and cheese
		100% Juice	1% Milk	100% Juice	1% Milk	100% Juice
	A.M.	Fresh Fruit	Whole Wheat Crackers W/ hummus	Plain Yogurt w/ Granola	Whole Grain Cereal	Whole Wheat Ritz Crackers & Cheese
Sep 30 - Oct 4		100% Juice	1% Milk	100% Juice	1% Milk	100% Juice
Sep 30 - Oct 4		Whole Wheat bread	Cheese its	Whole Grain Wheat Thins	Pretzels and cheese	Apple Sauce
	P.M.	Banana w/ honey			cubes	
		1% Milk	100% Juice	1% Milk	100% Juice	1% Milk
Oct 7-11	A.M.	FALL BREAK	FALL BREAK	FALL BREAK	FALL BREAK	FALL BREAK
	P.M.					
	A.M.	Closed	Plain Yogurt w/ Honey and Berries	Whole Wheat English Muffins w/ Jelly	Whole Wheat Cereal	Whole Wheat Pancakes Or Waffles w/ low sugar syrup
Oct 14-18			1% Milk Wheat Thins	100% Juice Pretzels and	1% Milk Tortilla w/ meat and	100% Juice Chips and salsa
	P.M.		WIIGACIIIIII	cheese cubes	cheese	Onipo ana saisa
			100% Juice	1% Milk	100% Juice	1% Milk

		Monday	Tuesday	Wednesday	Thursday	Friday
	A.M.	Fresh Fruit	Whole Wheat Pancakes Or Waffles w/ low sugar syrup	Graham Crackers	Plain Yogurt w/ Honey and Whole Wheat Granola	Whole Wheat Cereal
Oct 21-25		1% Milk	100% Juice	1% Milk	100% Juice	1% Milk
Oct 21-25	P.M.	Whole Wheat bread Banana w/ honey	Cheese its	Whole Wheat Ritz Crackers & Cheese Cube	Chips and salsa	Pretzels w/ Hummus
		100% Juice	1% Milk	100% Juice	1% Milk	100% Juice
		Whole Wheat Pancakes	Whole wheat mini bagel	Apples w/	Whole Wheat Cereal	Plain Yogurt w/
	A.M.	Or Waffles w/ low sugar syrup	w/ cream cheese	sunflower butter		Honey and Whole Wheat
		100% Juice	1% Milk	100% Juice	1% Milk	Granola 100% Juice
Oct 28 - Nov 1		Fresh Fruit	Tortilla w/ meat and	Wheat thins	Veggies	Chips and salsa
	P.M.	Troom rait	cheese	w/ cheese cubes	W/ hummus	Onipo ana baiba
		1% Milk	100% Juice	1% Milk	100% Juice	1% Milk
		Whole wheat cereal	Election Day	Whole Wheat Pancakes	Plain Yogurt w/	Graham Crackers
	A.M.		Closed	Or Waffles w/ low sugar syrup	Honey and Berries	
	/		OSC			
Nov 4-8		1% Milk Whole Wheat bread		1% Milk Pretzels and	100% Juice	1% Milk Tortilla w/ meat and
		Banana w/ honey		cheese cubes	Wheat Thins	cheese
	P.M.	Danana W Honey		Cheese Cubes		GIIGGGG
		100% Juice		100% Juice	1% Milk	100% Juice
		Veterans Day	Apples w/	Plain Yogurt w/	Whole Wheat English	Whole Wheat Cereal
	A.M.	Closed	sunflower butter	Honey and Whole Wheat	Muffins w/ Jelly	
			1% Milk	Granola 100% Juice	1% Milk	100% Juice
Nov 11-15			Wheat thins	Chips and salsa	Veggies	Cheese its
			w/ cheese cubes	Ompo ana dalea	W/ hummus	Chicoco ile
	P.M.					
			100% Juice	1% Milk	100% Juice	1% Milk
		Whole wheat mini bagel	Fresh Fruit	Whole Wheat Pancakes	Whole Wheat Ritz	Plain Yogurt w/
	A.M.	w/ cream cheese		Or Waffles w/ low sugar syrup	Crackers & Cheese	Honey and Berries
		1% Milk	100% Juice	1% Milk	100% Juice	1% Milk
Nov 18-22		Pretzels and	Whole Wheat bread	Tortilla w/ meat and	Chips and salsa	Wheat Thins
	P.M.	cheese cubes	Banana w/ honey	cheese		
	1 .141.	100% Juice	1% Milk	100% Juice	1% Milk	100% Juice
		100% Juice	1 /0 IVIIIK	100% Juice	I /O IVIIIK	10070 Juice

SNACK	MENU
-------	------

		Monday	Tuesday	Wednesday	Thursday	Friday
	A.M.	Graham Crackers	Whole Wheat English Muffins w/ Jelly	Closed OSC	Thanksgiving Break Closed	Thanksgiving Break Closed
Nov 25-29		100% Juice	1% Milk			
NOV 25-29	P.M.	Whole Wheat Ritz Crackers & Cheese Cube	Chips and salsa			
		1% Milk	100% Juice			